



Health House (LK)

Menu Prices — August 22, 2026

Restaurant & Food Industry Reports



Competitor Price Intelligence →

Picked for you

ITEM	PRICE
Bulking Meal Chicken (200 gms) or beef (200 gms), rice mixed with two eggs, and sauteed veggies P>57g C	Rs1,650.00
Chicken Peanut Curry (Additional Charges) Chicken breast marinated in and served with a deliciously creamy peanut sauce and Basmati rice P>45g C	Rs1,545.00
Health House Kottu - Chicken (Additional Charges) P>40g C	Rs1,325.00
Tandoori Chicken Wrap (Additional Charges) P-31g C	Rs1,395.00
Teriyaki Chicken and Broccoli Bowl (Additional Charges) Grilled chicken and broccoli served with basmati rice, Capcicum, Onions and mushrooms smothered in a rich Teriyaki glaze...	Rs1,520.00

Starters

ITEM	PRICE
Chicken Wings	Rs1,050.00
Stir fried vegetables with Mushrooms (Additional Charges)	Rs895.00
Spinach Chicken Pattie	Rs950.00
Mixed Herb Chicken Patty	Rs1,400.00
Popcorn Mushrooms	Rs750.00

From the Garden

ITEM	PRICE
Health House Chicken Caesar Salad (Additional Charges) Chicken, Iceburg and Mushrooms	Rs1,345.00
Tuna Pasta Salad (Additional Charges) Tuna, mixed greens, tomato and cucumber with pesto sauce and penne.	Rs945.00
Chicken Hawaiian salad (Additional Charges)	Rs1,395.00
Watermelon Summer Salad (Additional Charges)	Rs895.00
Avocado Chicken Salad	Rs1,250.00
Pineapple Chicken Salad (Additional Charges) Pineapple, Carrots, Chicken, Green Onions, and Lettuce.	Rs1,345.00

In Between Hands

ITEM	PRICE
Tandoori Chicken Wrap (Additional Charges) (In Between Hands) P-31g C	Rs1,395.00
Chicken Peanut Wrap (Additional Charges) P-25g C	Rs1,395.00
Tofu and Chickpea Wrap (Additional Charges) P-31g C	Rs945.00

ITEM	PRICE
Tuna Mayo Wrap (Additional Charges) P-25g C	Rs995.00
Chicken and Avocado Wrap (Additional Charges) P-31g C	Rs1,145.00
Fitbowls	
ITEM	PRICE
Bulking Meal (Fitbowls) Chicken (200 gms) or beef (200 gms), rice mixed with two eggs, and sauteed veggies P>57g C	Rs1,650.00
Muscle Bowl (Additional Charges) Basmati rice with grilled chicken, eggs, carrot, avocado, almonds, and herbs P	Rs1,495.00
Simply Shredded Grilled beef or grilled chicken, broccoli, mushrooms, and ladies fingers P>35g C	Rs1,750.00
Teriyaki Chicken and Broccoli Bowl (Additional Charges) (Fitbowls) Grilled chicken and broccoli served with basmati rice, Capcismus, Onions and mushrooms smothered in a rich Teriyaki glaze...	Rs1,520.00
The Gain Train (Additional Charges) Chicken (150 gms) or Beef (150 gms), Rice mixed with two eggs and sauteed veggies P	Rs2,245.00
Vegan	
ITEM	PRICE
Stir Fried Bean Curd with Rice (Additional Charges) Basmati rice served with stir fried tofu and mixed veggies, garnished with sesame seeds.	Rs995.00
Health House Grilled Vegetables (Additional Charges) Basmati rice served with seasonal mixed veggies, sautéed fried rosemary with garlic, onion and olive oil	Rs845.00
Curried Vegetable with Rice (Additional Charges) (Mixed Vegetable Cooked in Masala Flavor and Served with One cup of Basmathi Rice)	Rs1,045.00
Pumpkin and Carrot curry with Steamed rice (Additional Charges) Basmati Rice, with pumpkin & carrots curry infused in rich spices	Rs945.00
Mains	
ITEM	PRICE
Chicken Peanut Curry (Additional Charges) (Mains) Chicken breast marinated in and served with a deliciously creamy peanut sauce and Basmati rice P>45g C	Rs1,545.00
Health House Kottu - Chicken (Additional Charges) (Mains) P>40g C	Rs1,325.00
Grilled Peanut Chicken (Additional Charges) Grilled chicken breast marinated in and served with a deliciously creamy peanut sauce and basmati rice.	Rs1,545.00
Stir Fried Prawns with Spring Onion (Additional Charges) P>45g C	Rs1,695.00
Pasta Corner	
ITEM	PRICE
The Lankan Style Pasta (Additional Charges) (Penne Pasta in a Sri Lankan style homemade sauce)	Rs945.00

ITEM	PRICE
Spaghetti Carbonara (Additional Charges)	Rs995.00

Value Meals

ITEM	PRICE
Egg and Vegetable Rice with Chicken	Rs1,140.00
Egg and Vegetable Rice with Prawns (Additional Charges)	Rs1,385.00

Fresh Juice

ITEM	PRICE
Watermelon Juice (Additional Charges)	Rs565.00
Lime Juice (Additional Charges)	Rs565.00
Pineapple Juice (Additional Charges)	Rs635.00
Mango Juice (Additional Charges)	Rs695.00

Beverages

ITEM	PRICE
Water (500 ML)	Rs120.00

Soups

ITEM	PRICE
Healthy Style Spinach and Chicken Soup (Additional Charges)	Rs945.00